I claim:

- 1. A method of boarding an item comprising the steps of:
 - (a) feeding a board onto a rotatable table;
 - (b) placing an item on the board;
 - (c) rotating the table; and
 - (d) affixing the item to the board with an elastic staple.
- The method of claim 1 further comprising the step of removing the board with the item affixed from the table.
- 3. The method of claim 1 wherein feeding a board comprises the step of automatically placing a board on the table.
- 4. The method of claim 1 wherein placing the item on the board comprises the step of manually placing the item on the board.
- 5. The method of claim 1 further comprising the step of stabilizing the item on the board with a fixture.
- 6. The method of claim 5 wherein stabilizing the item with a fixture comprises the step of placing an open fixture against the board and loading the open fixture with the item so the item contacts the board.

- 7. The method of claim 5 wherein stabilizing the item comprises the step of pressing the item against the board with the fixture.
- 8. The method of claim 1 wherein affixing the item to the board comprises the step of stapling the item to the board with an elastic staple.
- 9. The method of claim 1 wherein affixing the item to the board comprises the step of stapling the item to the board with a plurality of elastic staples.
- 10. A method of boarding an item comprising the steps of:
 - (a) feeding a board onto a table;
 - (b) placing an item on the board;
 - (c) stabilizing the item with a fixture; and
 - (d) attaching the item to the board with an elastic staple while the item is contiguous to the fixture.
- 11. The method of claim 10 further comprising the step of removing the fixture from the board.
- 12. The method of claim 10 further comprising the step of removing the boarded item from the table.
- 13. Apparatus for boarding items comprising:
 - (a) a rotatable table;

- (b) a board feeder, said board feeder proximate said table;
- (c) an item fixture, said item fixture positioned contiguous said table; and
- (d) a stapler, said stapler proximate said table for stapling the item to the board.
- 14. The apparatus of claim 13 further comprising an elastic staple, said elastic staple contained within said stapler.
- 15. The apparatus of claim 13 wherein said item fixture comprises a clamp, said clamp for retaining the item against said table.
- 16. The apparatus of claim 13 wherein said item fixture defines a channel, said channel passing completely therethrough, said channel for containing an item as said fixture is positioned against a board on said table.
- 17. The apparatus of claim 16 wherein said channel is shaped to replicate the outer configuration of the item.
- 18. The apparatus of claim 13 further comprises a needle, said needle positioned in said stapler, said fixture defining a needle aperture whereby said stapler can

drive a staple along said needle through said needle apertures and into the board to bind the item on the board.

- 19. The apparatus of claim 17 wherein said channel is spoon-shaped.
- 20. The apparatus of claim 16 wherein said item fixture comprises a body, said body defining an item channel, a mounting bracket, and said mounting bracket attached to said body.